



Dirk Aerenhouts

Institution: Erasmus University College Brussels

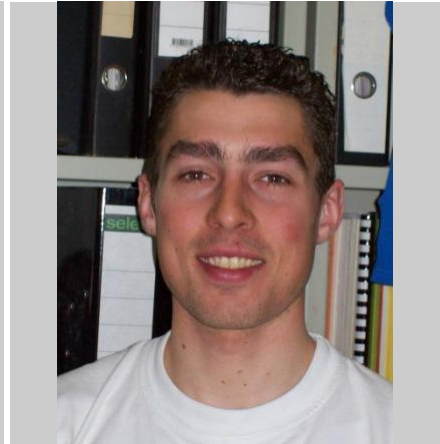
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Dirk Aerenhouts is docent and researcher at the Erasmus University College Brussels.

He graduated in Physical Education – Fitness & Health from the Free University of Brussels in 2005. In 2011 he got his PhD in Physical Education and Movement Sciences. Since 2005 he has been involved in teaching and in research on health and performance.

Dirk Aerenhouts is frequently asked as an expert in coaching and an external evaluator for the Flemish Ski and Snowboard Federation (VSSF) and the Belgian federation of fitnesscentra (DFO).

Recently, Dirk Aerenhouts is working on a project studying learning outcomes on resuscitation skills using alternative equipment. This project is funded by the Flemish government and is a cooperation between the Free University of Brussels and the Erasmus University College of Brussels.