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Phawika Paksa is the lecturer at faculty of Education, Suratthani Rajabhat University.

I graduated in Educational Psychology from Chulalongkorn University, Thailand in 2011. Since then I have constantly been working in the field of Education.

I am a higher education lecturer on the areas of education and psychology, especially in self-development and educational psychology.

I have been invited to be trainer and expert in education seminar to improve primary and secondary teachers' teaching skills, including lecturers in the University. Moreover, I am interested and involved in goal setting research which effects to students' motivation.