### Did the Emergency Transition to Online Instruction Due to COVID-19 Impact Faculty Self-Efficacy for Online Teaching?

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## What is the issue?



The purpose of this study was to examine the effect of the emergency transition to online instruction due to COVID-19 on self-efficacy for online teaching for faculty at a private, STEM-focused university in central Pennsylvania. The goal was to inform policy as it relates to preparing universities to be successful in the face of possible future disruptions to educational delivery.

## **Previous Research**

**Self-Efficacy Theory:** A person's expectations about how effectively they will perform at a given task determine how much effort that person will commit to the task and how long they will persist in the face of obstacles<sup>[2]</sup>.

<ul> <li>Increased ability to be flexible in a constantly changing environment<sup>[6]</sup></li> <li>Lower levels of faculty stress<sup>[8]</sup></li> <li>Improved student performance<sup>[3]</sup></li> </ul>	<ul> <li>Instructor preparation before teaching online and length of experience teaching online correlate with higher self-efficacy scores<sup>[9]</sup></li> </ul>
Teaching Self-Efficacy	Online Teaching Self-Efficacy



Unique opportunity following a major disruption.

Context specificity for higher education and online teaching.

Retrospective pre-test design attempted to address questions of self-efficacy "plasticity."

#### **Research Question**

What is the effect of the emergency transition to online instruction due to the COVID-19 pandemic on university faculty's perception of online teaching self-efficacy scores after the pandemic as compared to before the pandemic?

# Setting, Population, & Sample

### SETTING

Private, not-for-profit, STEM-focused university in Central PA offering undergraduate, graduate, and doctoral degrees to approximately 6500 students.

### POPULATION

Faculty, full-time and part-time, who taught at the University between March 2020 and December 2021.

Population Size: n=369

### SAMPLE

Sample Size: n=83 (22.5%)

Predominately white (69.9%), male (71.1%), had doctoral degrees (61.5%) and were employed as full-time faculty (75.9%). Most respondents taught at both the undergraduate and graduate level (45.8%)

Mean Age: 53.9 years old Mean Length of Experience: 16.3 years Mean Length of Employment: 5.2 years

**Content Areas** Business and Data Sciences: 33.7% Computational Sciences: 22.9% Physical Sciences: 21.7% Social Sciences and General Education: 21.7%

### Instrument

Source	Themes (# of items)	Description	
Newly Created	Age (1) Gender (1) Race/Ethnicity (1) Level of Education (1) Teaching Experience (4) Employment (2) Teaching Modality Preferences (2) Pre-COVID Confidence (1)	<b>Demographic questions</b> and questions about teaching experience and teaching preferences. Varying formats.	
Online Teaching Self-Efficacy Inventory <sup>[4]</sup>	Selection of Technological Resources (3) Virtual Interaction (6) Online Course Alignment (9) Web-Based Course Structure (3)	Dependent variable. Items updated and adapted. Dual four-point Likert scale to compare pre- COVID vs. post-COVID.	
RAND Items <sup>[1]</sup>	RAND Item 1: General Teaching Efficacy (1) RAND Item 2: Personal Teaching Efficacy (1)	Measure of <b>non-specific teaching self-efficacy</b> . Five-point Likert scale format.	
Teacher's Sense of Efficacy Scale <sup>[10]</sup>	Student Engagement (4) Instructional Strategies (5) Classroom Management (4)	Measure of <b>non-specific teaching self-efficacy</b> . Items updated and adapted for a higher education audience. Five-point Likert scale format.	

# **Recruitment & Data Analysis**

### RECRUITMENT

- A web-based survey was distributed via email from the Teaching & Learning Center to all faculty in the University's existing faculty email group.
- Survey took participants approximately 15-20 minutes to complete. Responses collected using Qualtrics survey platform.
- Data collection took place over a twoweek period in January 2022.

### **KEY DATA ANALYSES**

- **Bivariate Analyses**: Repeated measures ANOVA to compare pre-COVID and post-COVID online teaching self-efficacy scores for the total population.
- **Multivariate Analyses**: Regression to test whether demographics and scores on measures of non-specific teaching selfefficacy predicted online teaching selfefficacy pre-COVID and/or post-COVID.

# Predicting Online Teaching Self-Efficacy

	Pre-COVID		Post-COVID	
Variable	Regression Coefficient B	t	Regression Coefficient B	t
(Constant)	45.372	5.372	51.534	7.479
Gender = Male	-1.171	527	-1.817	-1.031
Minority Status = White	-4.115	-1.820	514	282
Age (in years)	337	-3.143**	301	-3.508***
Teaching Experience (in years)	.087	.867	.125	1.556
Content Area = Business and Data Sciences	-1.941	781	-1.718	906
Pre-COVID Confidence Rating	.266	5.110***	.130	3.108**
Pre-COVID Mean Percentage of Online Teaching Load / Change in Mean Percentage of Online Teaching Load	.018	.473	.065	2.035*
Non-Specific Teaching Self-Efficacy Depth Scale Score	.286	2.928**	.372	4.733***

**Pre-COVID** R<sup>2</sup> = 42.3%

**Post-COVID**  $R^2 = 42.9\%$ 

\*\*p <.01 level. \*\*\*p <.001 level.

Dependent Variable: Pre- and Post-COVID Online Teaching Self-Efficacy

## Limitations



# Implications

In general, lack of preparedness during the COVID-19 emergency transition caused<sup>[5]</sup>:

- high educator stress
- negative impacts on student outcomes

High teaching self-efficacy helps counteract these challenges, but teaching efficacy is context specific.

Future disruptions to higher education delivery are likely<sup>[7, 11]</sup>. To help mitigate future negative impacts administrators should consider the following:

• Teaching online increases online teaching self-efficacy. Consider policies that diversify the modalities in which faculty teach to support their online teaching self-efficacy.

# Future Research



Longitudinal studies with the goal of examining half-life of online teaching self-efficacy.



Adapting this study to use a standard pre-test/post-test design.



Implementing before and after faculty teach online at institutions of differing size, content focus, location, educator sector, or teaching level.

## References

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