### Poverty in Schools: Challenges and Recommendations

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# Outline

Definition of poverty

Relationship between education and poverty

Challenges Faced by Impoverished Students in Schools

Recommendations for Schools Regarding Impoverished Students

Conclusion

# Definition of poverty

Poverty is a spectrum

Lack of sources

Effecting the functionality

Chronic and inter-generational

Restrictive



### Challenges of being poor

- Neglected and inadequate housing
- Living in high crime rates
- Poor physical and mental health
- Inability to access good treatment
- Inability to access education

Living in the over-populated places (house and neighborhood)

Lack of green spaces

Stigmas (dirty, lazy, ignorant etc.)

Classism and dicrimination

Relying on others

**Different types of poverty** 

Situational poverty

Generational poverty

Absolute poverty

**Relative poverty** 

Urban poverty

**Rural poverty** 

With different types, comes similar challanges

## Relationship between education and poverty

Being poor

# Lack of education

Challenges Faced by Impoverished Students in Schools Inability to allocate financial sources for school-related materials

Lack of participation in extracurricilar activities (field trips for example)

Lack of leisure time

Low self-efficacy

Low academic expectations

Being at risk for abuse

#### Absenteeism

Low literacy of parents

Undiagnosed mental health issues

Discrimination and social exclusion

Less functional time with parents

Mental health issues

Why is poverty linked to mental health problems?

Economic culture

Tendency to compare self with others

Social Class Worldview Model (Liu, 2013)

Perceived social class

Required capitals (social, culturel and human capitals)

Homeostasis (perceived social class and reality)

Good homeostasis => good mental health

Recommendations for Schools Regarding Impoverished Students

- Financial sources and stable jobs
- Inclusive classroom atmosphere
- Talent screening (preventing violence)
- Risk assessment
- Encouraging attitudes



### Recommendations for Schools Regarding Impoverished Students

Preventing classist behaviors (pscyho-- Raising awareness educational among teachers programs for (training programs) advantaged counterparts) School / family colloboration One on one (enhancing the support by school counselors sense of contribution)

# Conclusion

Poverty negatively impacts individuals physically, cognitively, and psychologically.

Overcoming poverty, requires spesific skills.

Schools need to be more inclusive in helping poor students to acquire these kinds of skills.

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