



Norwegian University of
Science and Technology

Enhancing Project Outcomes In First-Year PBL Courses

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Presentation Overview

Objectives

- Evaluate impact of doubling teaching sessions
- Measure effect on student confidence
- Assess improvement in project outcomes

Agenda

1	2	3	4	5
Background & Problem	Methodology	Results	Discussion	Conclusions

01

Background & Problem

First-year students in Computer Architecture PBL

What is Project Based Learning (PBL)?

Bridges theory and practice

Develops critical thinking

Promotes self-directed
learning

Mirrors real engineering
work

The Problem for First Year Students

- 1 Limited foundational knowledge
- 2 Low confidence in complex tasks
- 3 Weak self-learning ability
- 4 Subpar project submissions

Root Cause

- Teaching sessions
 - Only 6 teaching sessions in 2023
 - Insufficient for deep understanding
 - Students underprepared for projects
- Result
 - Low-quality, unambitious work

Study Objectives

- Enhance foundational knowledge
- Improve self-learning ability
- Improve project outcomes
- Intervention
 - Increase the number of teaching sessions

02

Methodology

Course, intervention & evaluation

Course Context

- Computer Architecture
 - 5 ECTS
 - Bachelor of Engineering — Telematics
 - First-year students
 - 40 students per cohort

2023: 6 Sessions (Original)

#	Topic
1	Microcontrollers intro
2	Digital Output
3	Digital Input
4	Interrupts + Timers + LCD
5	Analog-to-Digital Conversion
6	Serial I/O

Too dense

One external device

No analog output

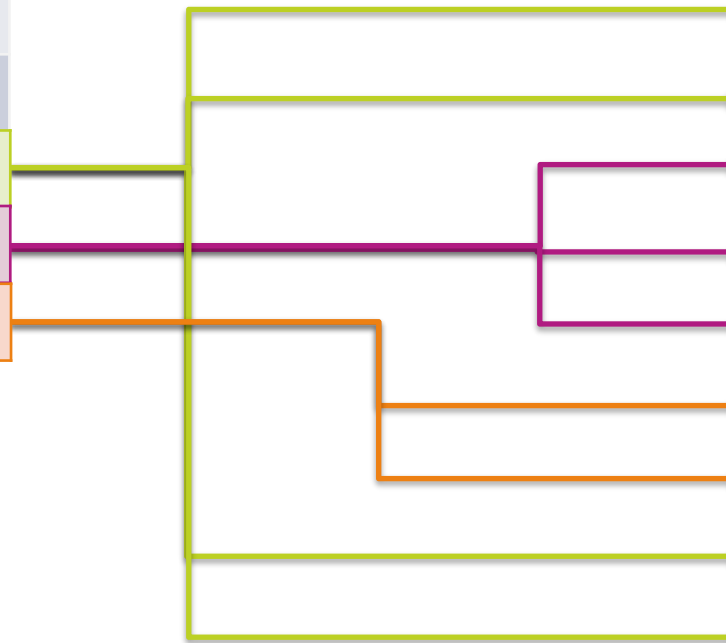
Too brief

One communication protocol

2024: 12 Sessions (Intervention)

#	Topic
1	Microcontrollers intro
2	Digital Output
3	Digital Input
4	Interrupts + Timers + LCD
5	Analog-to-Digital Conversion
6	Serial I/O

#	Topic
1	Microcontrollers intro
2	Digital Output
3	Digital Input
4	Interrupts
5	Timers
6	Digital-to-Analogue Conversion
7	Analog-to-Digital Conversion I
8	Analog-to-Digital Conversion II
9	Serial I/O
10	I2C
11	Servo Motors
12	LCD



Other interventions

Area	Before (2023)	After (2024)
Lecture	Traditional	Traditional lecture with guided tasks
Assignment	1 session → 1 assignment	2 sessions → 1 assignment
	Focuses on 1 module	Focuses on 2 or more modules
Lecture period	3 weeks	12 weeks
Project period	15 weeks	6 weeks

Evaluation Methods

- Project grades
 - A–F distribution
 - Same examiners
- Student survey
 - Pre & post
 - Learning benefit
 - Workload
 - Post only
 - Confidence
 - Self-learning

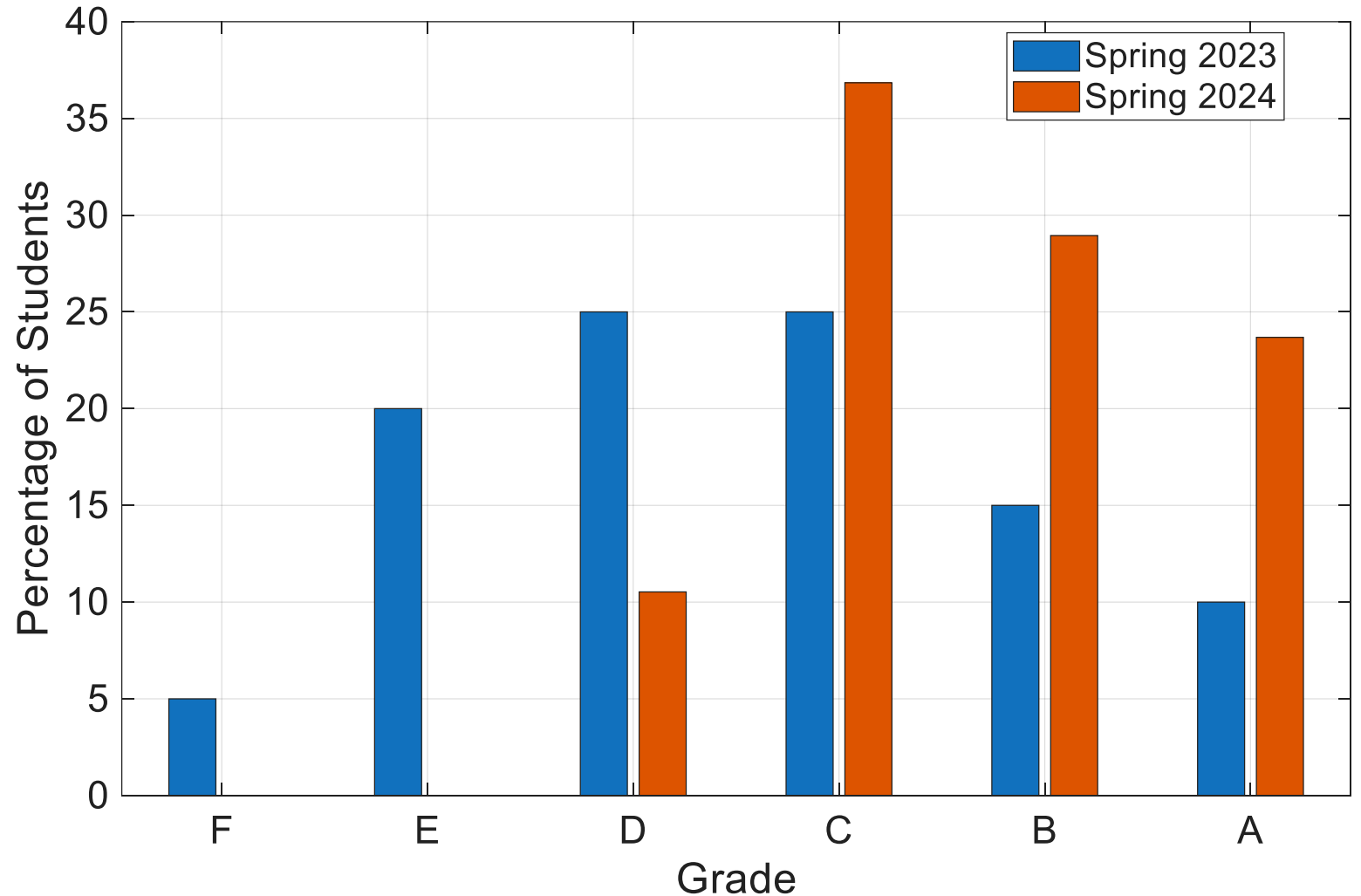
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Results

Project grades & student survey

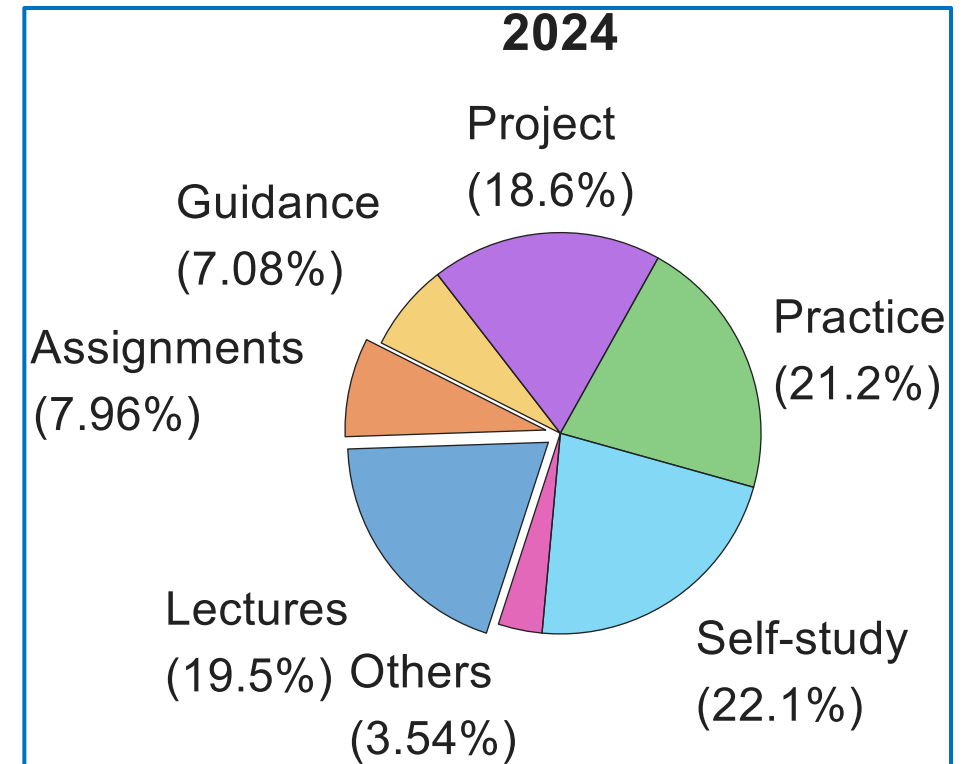
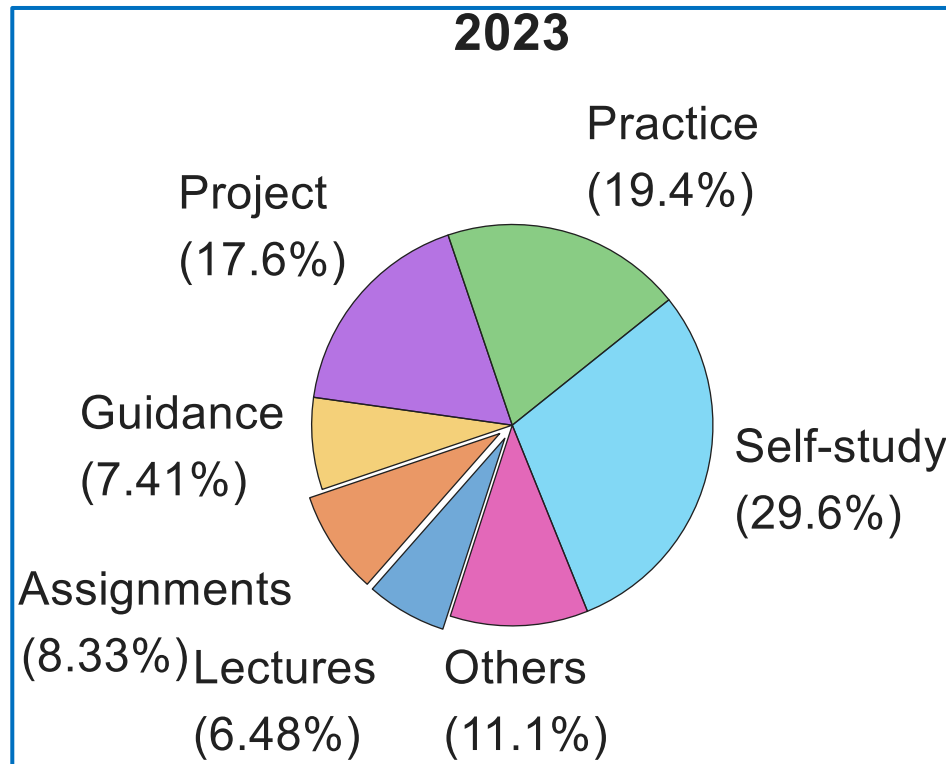
Results — Key Numbers

- B or higher
 - 2023: 25%
 - 2024: >50%
- D or lower
 - 2023: 50%
 - 2024: 10%



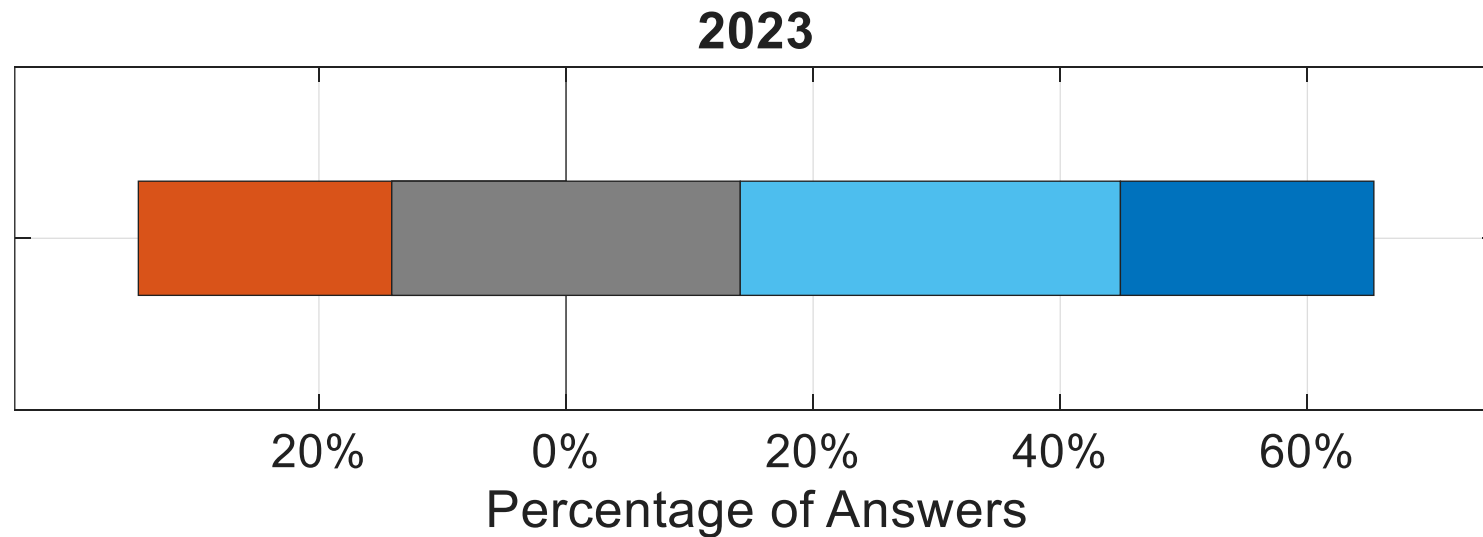
Survey — Learning Activity

- Which activity gave greatest benefit?
 - 3× increase in lectures



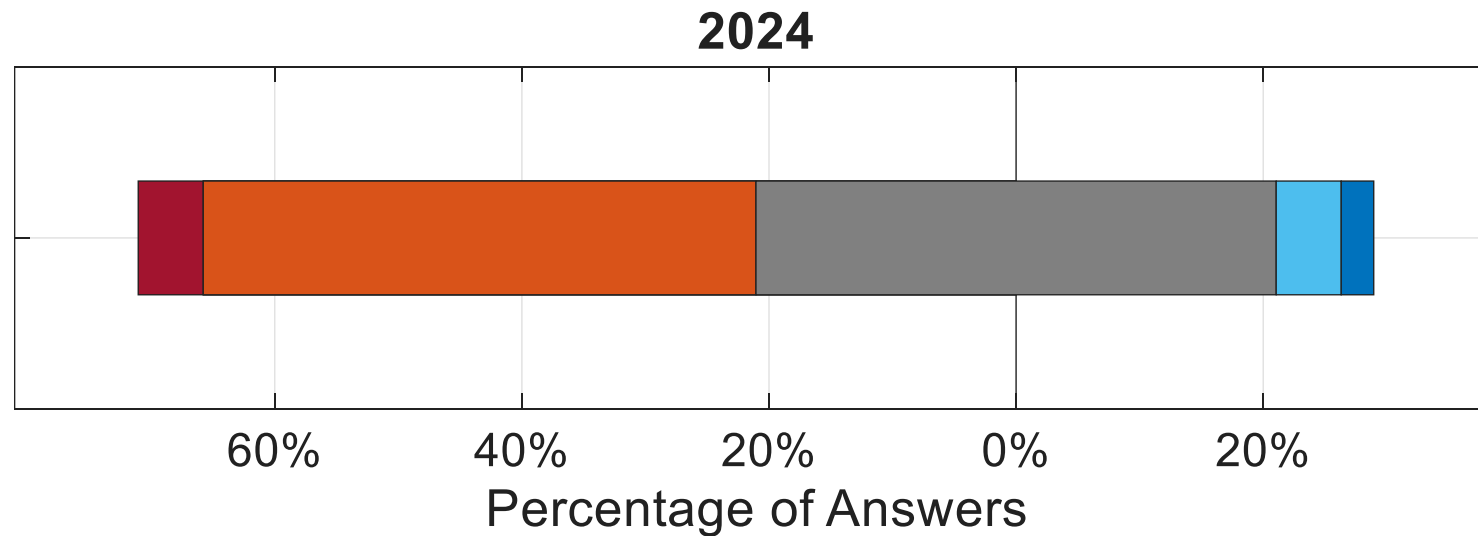
Survey — Workload

- Did workload match credits?
 - 65% found workload too heavy



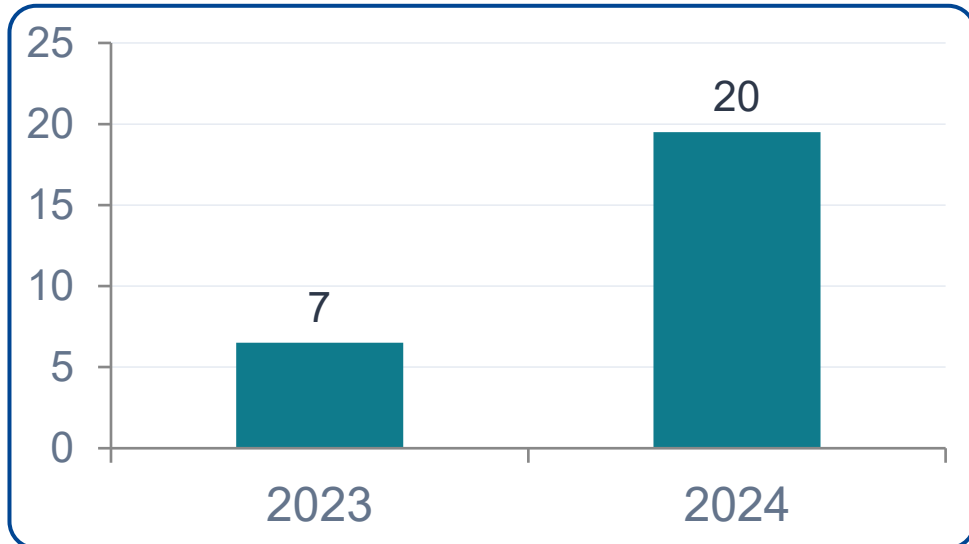
Survey — Workload

- Did workload match credits?
 - 30% found workload too heavy



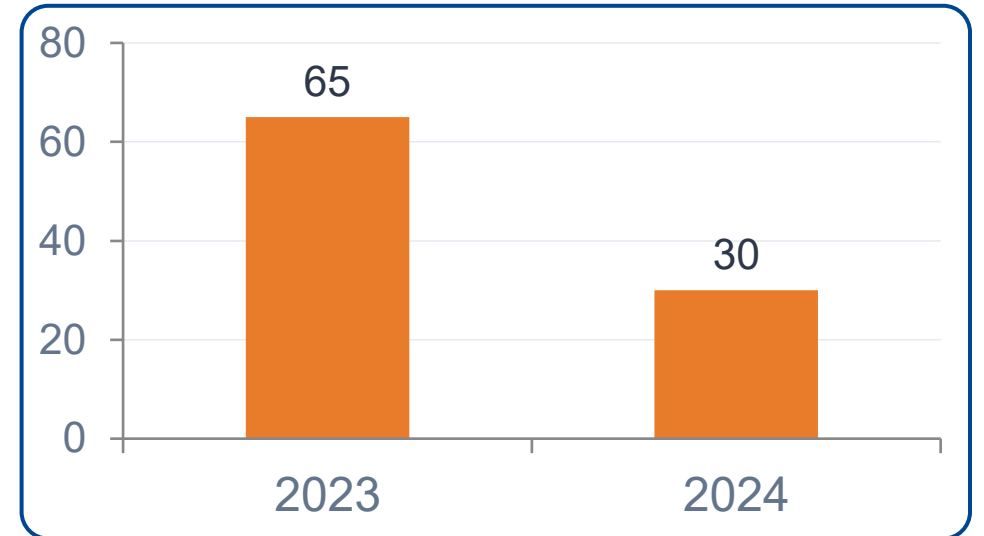
Survey — Learning & Workload

Lecture cited as best learning activity



3x increase

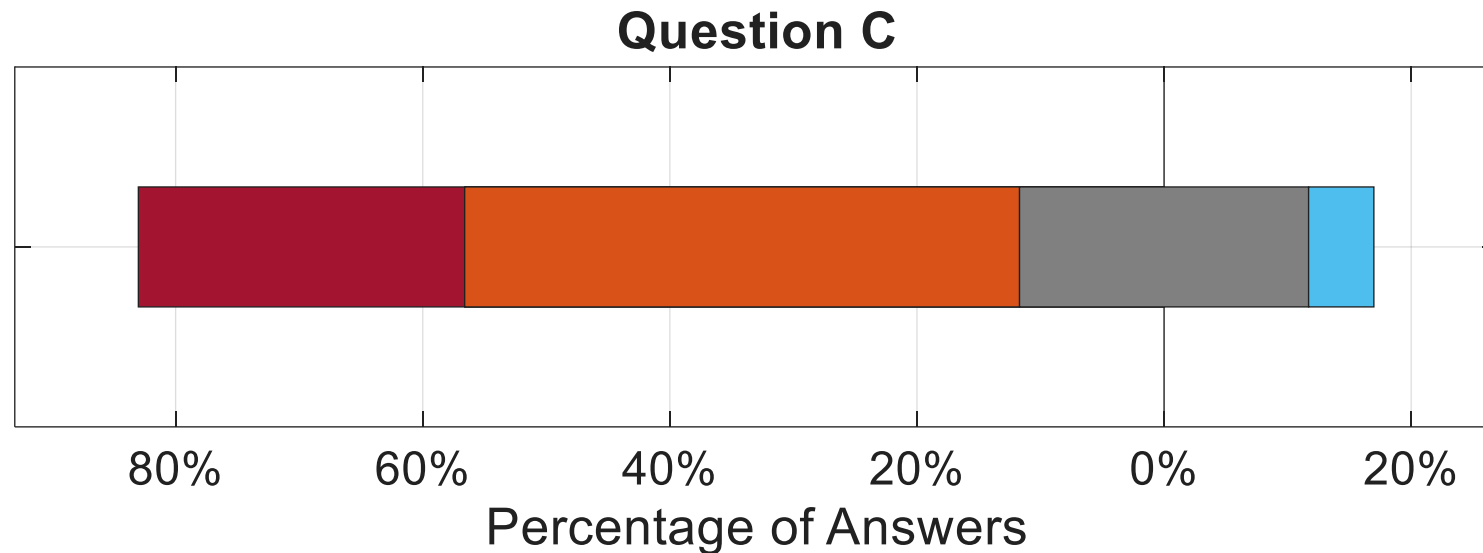
Students finding workload too heavy



Cut by more than half

Survey — Confidence

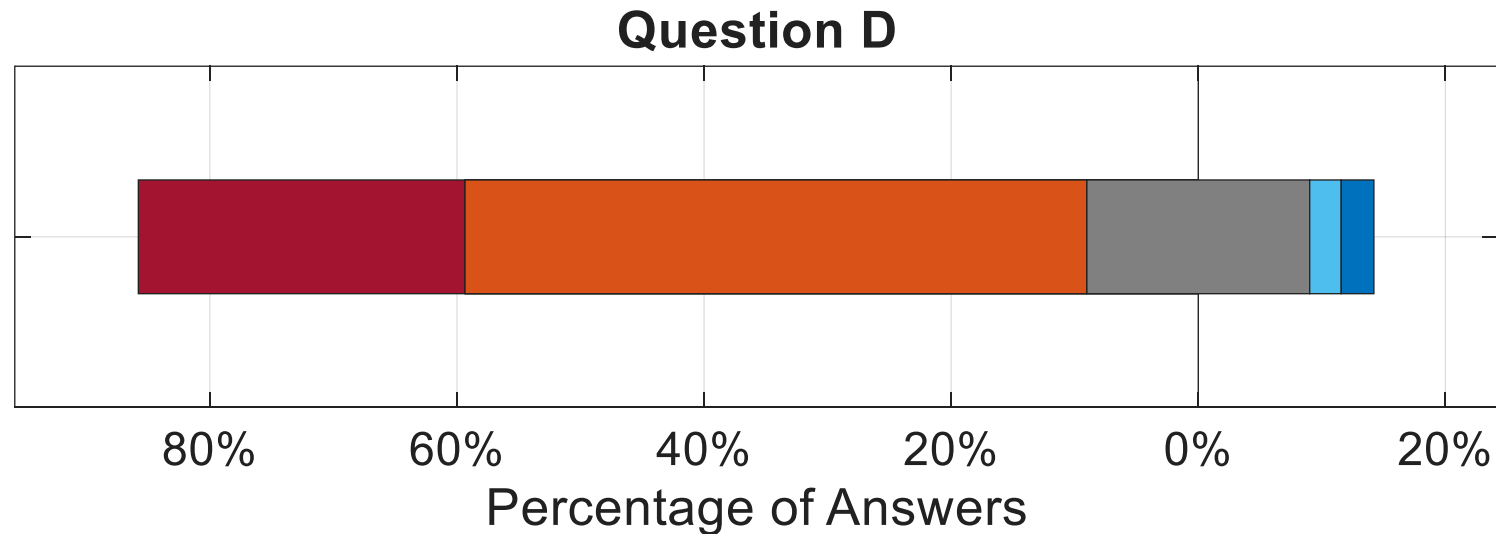
- Did the teaching sessions give you confidence?



- More than 80% agreed sessions built their confidence
- More than 25% agreed to a very large extent

Survey — Self-Learning

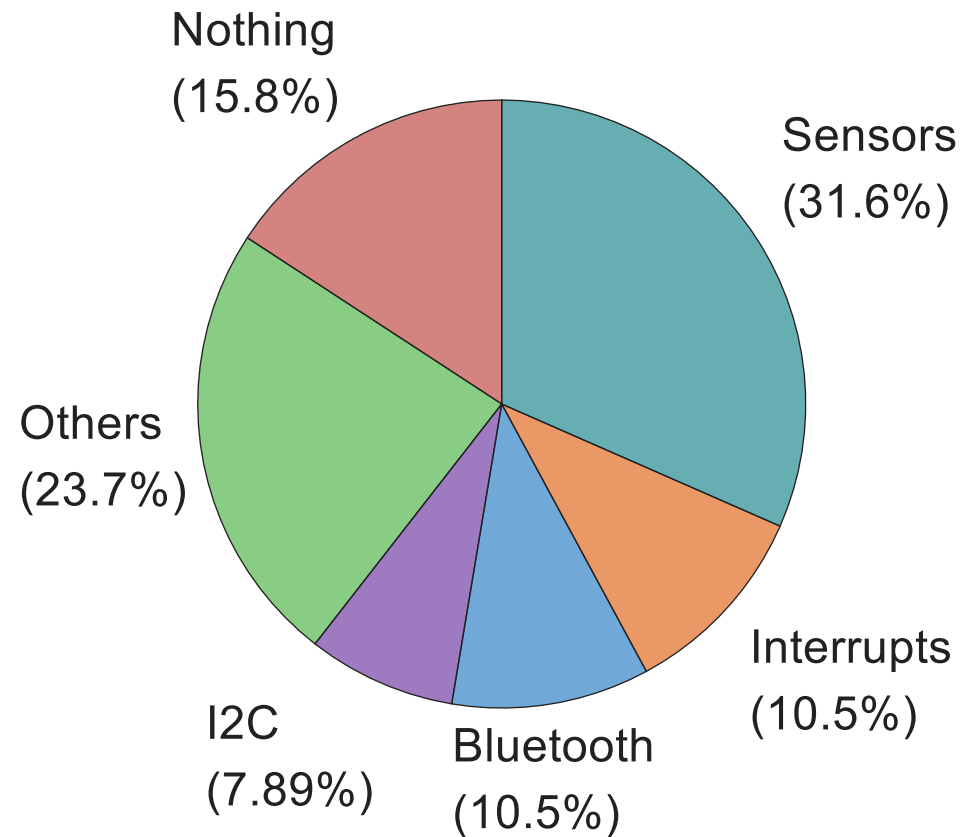
- Did the teaching sessions made it easier to learn on your own?



- 85% found self-learning easier
- 84% self-learned new topics in project phase

Survey — Self-Learning During Projects

- What did you learn by yourself?



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Discussion

What the results tell us

1. Foundations Drive PBL Quality

- Engineering knowledge is hierarchical
 - Strong base → deeper engagement
- More teaching → better project
 - Despite 60% shorter project window

2. Confidence Enables Ambition

- Self-Efficacy Theory
 - Mastery experiences → belief in own capabilities
- Evidence from our study
 - More than 80% felt confident enough to take on harder projects
 - 84% voluntarily explored advanced topics
 - Better grades despite 60% shorter project time

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Conclusions & Future Work

Conclusions

- Doubling teaching sessions
 - B or more rate doubled
 - Quality improved despite shorter project window
 - Students more confident & self-directed
- Instruction design is more important than project duration
 - Structured teaching = effective PBL

Implications & Future Work

For Educators

Invest in
foundational
sessions
before project
phases

For Curriculum

Design cross-topic
assignments
that build
connections

For Research

Larger cohorts
Longitudinal study
needed



For more
information:
www.ntnu.edu

Thank you
Questions & Discussion

