

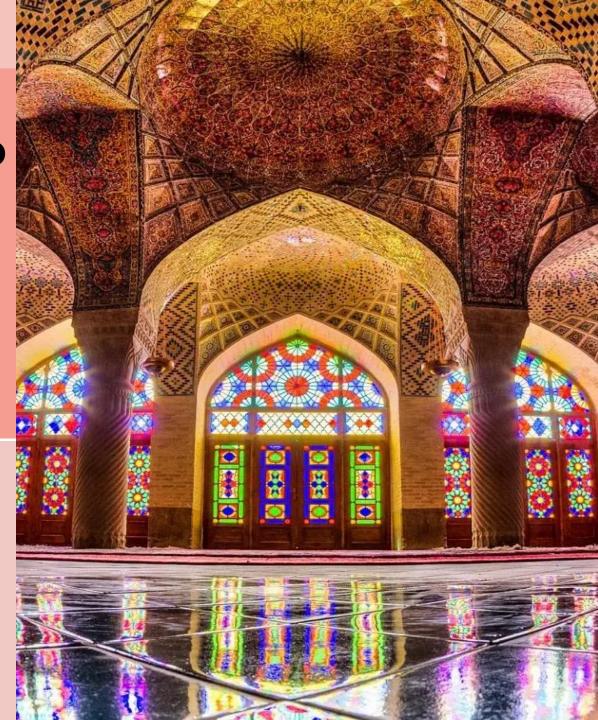
From Other-Regulation to Autonomy

Tracing Emergent Abilities Through Interactionist Dynamic Assessment in EFL Contexts

Roya Khoii (PhD)

Ehsan Zolfaghari Younesi

Islamic Azad University, North Tehran Branch



Background: From Static to Dynamic

Traditional assessment:

- measures what learners know,
- is static and rank-based,
- ignores potential abilities in EFL learners.

A dynamic approach:

- promotes growth instead of measuring performance,
- addresses the limitations of static testing,
- is needed in EFL contexts where assessments remain teacher-centered.

Theoretical Foundation Sociocultural Theory (SCT)

- Vygotsky's SCT views learning as a socially mediated process.
- The Zone of Proximal Development (ZPD) is the space between what learners can do independently and what they can achieve with guidance.
- Within this zone, guided interaction and mediation enable learners to internalize new knowledge and skills.





Dynamic Assessment: Features



- Two main approaches:
 - Interventionist DA: structured prompts and standardized mediation Interactionist DA: open, dialogic mediation tailored to learners' needs
- Integrates assessment and instruction.
- Emphasizes guided mediation and responsiveness.
- Treats assessment as a tool for development rather than judgment.

Interactionist DA Modalities

1. Individual DA:

- Involves personalized, teacher–learner mediation.
- Targets each learner's specific developmental needs.
- Provides tailored support to enhance performance.

2. Peer DA:

- Engages learners in collaborative, peer-to-peer mediation.
- Allows learners to scaffold each other's understanding.
- Builds strategy awareness and shared responsibility.



Interactionist DA Modalities



3. Concurrent Group DA:

- Creates a collective mediation space among all participants.
- Involves alternating roles as primary and secondary interactants.
- Promotes shared autonomy through co-constructed knowledge.
- Is an interactive mode that assesses and develops a student group's abilities simultaneously by providing mediation within the entire class's zone of proximal development (ZPD).

Why Interactionist DA in EFL?



- Traditional assessment often overlooks learners' potential.
- EFL classrooms require responsive mediation to reveal maturing abilities.
- There is an emphasis on dialogue, negotiation, and scaffolding rather than scoring.
- It offers a dynamic alternative leveraged to contextual and affective realities of EFL learners.

The Research Gap and Need for Investigation

- Limited research on interactionist DA across different modalities.
- A focus on mostly **teacher-led mediation** in **p**rior studies.
- Scarcity of research in Iranian EFL contexts on DA's developmental impact on L2 learning.
- A call for a systematic exploration of how each DA modality **promotes** learner regulation and growth.

Research Questions

- 1. Which abilities might emerge as a result of employing individual, peer, and concurrent group DA of L2 speaking?
- 2. In what ways does interactionist DA affect EFL learners' transition from other-regulation to self-regulation in L2 speaking-based classes?

Participants









46 upper-intermediate male Iranian EFL learners (15-19) in six intact classes

Randomly assigned to three experimental groups: <u>Individual</u> DA (n=10), <u>Peer</u> DA (n=19), and <u>Group</u> DA (n=17)

15 participants were interviewed post-intervention (5 from each experimental group).

Materials



Gold First (Bell & Thomas, 2016)

Gold First Maximiser (Bell & Thomas, 2016)

Grammar tutorials and infographics from YouTube and other online sources

Part two, three, and four of FCE speaking tasks

Instruments

ľ

• Field Notes: Observed behaviors, strategies, affective changes.

2

• Semi-Structured Interviews: Post-intervention reflections.

3

Both instruments were employed to generate rich qualitative data.

PROCEDURE

Procedure Overview

Duration: 13 DA mediation sessions, each lasting 20–30 minutes

Task Type: Communicative speaking activities used for DA intervention

Beginning each session with a speaking activity (e.g., problem-solving, opinion exchange, or role-play)

Mediation embedded in real-time through prompts, questioning, and feedback

Three DA modalities applied across sessions to trace learners' movement toward autonomy

Individual DA in Practice

- One-on-one, scaffolded mediation
- The teacher used prompts/cues to elicit self-repair.
- The learners showed more self-correction and greater accuracy.



Peer DA in Practice

- The learners supported each other's development.
- The teacher acted as facilitator.
- The peers engaged in collaboration, shared responsibility, and co-construction of understanding.



Concurrent Group DA in Practice

- The participants engaged in whole-class mediated discussions.
- They took the role of primary and secondary interactants.
- The class enjoyed collective reflection; the teacher and peers provided diverse feedback forms.



Coding and Data Summary

Field notes:

- Recorded by the researcher after each session
- Captured affective, meta-cognitive, and cognitive engagement
- 466 codes: affective (325), meta-cognitive (91), cognitive (34)

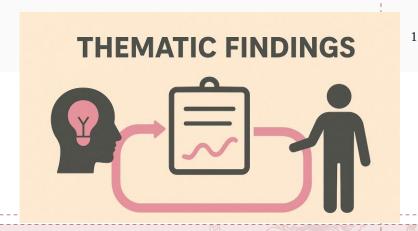
Interviews:

- Conducted post-intervention with 15 students (5 per group)
- Explored emotional, strategic, and cognitive development
- 223 codes: affective (83), meta-cognitive (56), strategic (34)





Thematic Findings



Thematic analysis revealed four main themes shared across both data sources.



Theme 1 – Autonomy Development (Cognitive autonomy refers to the ability to independently acquire, store, manipulate, and retrieve information for decision-making.

- There was a shift from teacher-dependence to self-correction.
- The learners self-repaired and guided their peers.
- "Later, I could find my own mistakes and fix them while speaking."
- "Before, I always waited for the teacher, but now I can correct

myself."

Theme 2 – Meta-Cognitive Awareness

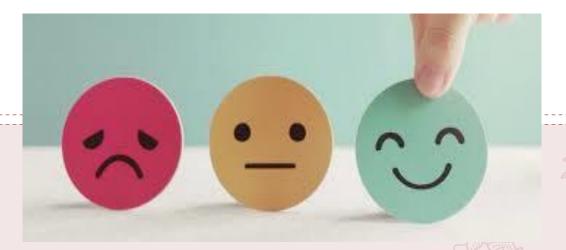


- Increased reflection and strategic planning.
- The learners monitored their speech and thought processes.

"Now I try to think before I speak and check myself more."

"When I forget a word, I stop and use another way to explain my idea."

Theme 3 – Affective Growth



- Decreased anxiety and higher motivation.
- Improved classroom atmosphere and participation.

"Now I raise my hand without thinking so much."

"I don't feel shy anymore because everyone helps each other."

Theme 4 – Unanticipated Outcomes



- Experienced a shift in mindset, viewing assessment as an opportunity for learning
- "I used to hate being corrected; now I see feedback as part of learning."
- Reported a more relaxed attitude toward errors and foreign language anxiety.
- "I don't feel nervous anymore when I make mistakes. It's normal now."
- Redefinition of "success"
- "Now I think learning means trying, not being perfect."
- Transfer of regulation strategies beyond English classes
- "I even used the same way to prepare for my math test."

Conclusions









Individual DA

Personalized scaffolding improved <u>accuracy</u> and <u>cognitive control</u>.

Peer DA

Reciprocal mediation built meta-cognitive awareness and collaborative fluency.

Group DA

Shared mediation fostered <u>affective</u> engagement, public speaking <u>confidence</u>, and <u>communal</u> autonomy.

Conclusions



- All DA modalities: a shift from other- to self-regulation and greater autonomy, confidence, fluency, and strategic awareness
- Mediation styles influenced affective, meta-cognitive, and linguistic growth differently.
- Some learners preferred individual feedback over group work, which highlights the need to adapt DA methods to diverse learner needs.
- Nonetheless, the quantitative results showed that while all DA modalities improved speaking performance, peer DA yielded smaller post-test gains.

Pedagogical Implications



- Assessment as mediation: Teachers should guide learning through scaffolded interaction, not summative judgment.
- Teacher as co-constructor: Flexible feedback should be aligned with learners' ZPD.
- Collaborative learning: Peer and group DA promote empathy, dialogue, and shared autonomy.
- Affective gains: Supportive mediation builds confidence, motivation, and self-regulation.
- Contextual relevance: In Iranian EFL classes, DA counters exam-oriented rigidity.
- Teacher development: Training should include DA-based mediation strategies adaptable to classroom use.

