



Generation Z and Programming Education: Bridging the Gap with Innovative Tech-Driven Learning Approaches

Sherif Abdelhamid¹, Mona Aly²

Virginia Military Institute, United States¹ Independent Researcher, United States²

Abstract

Engaging modern learners or Generation Z in programming education demands various innovative, student-centered strategies tailored to their diverse learning styles and preferences. This study investigates the effectiveness of multiple learning techniques-gamification, game-based learning, interactive textbooks, storytelling videos, and puzzle-based activities-in engaging, motivating, and enhancing students' learning experience in an introductory Python programming course. Data was gathered through an end-of-semester survey and analyzed to evaluate students' perceptions of these techniques and their alignment with individual learning styles. The analysis revealed that tools for gamification (e.g., Quizziz) and game-based learning (e.g., Gimkit) improved motivation, engagement, and confidence in applying Python concepts, especially among kinesthetic and auditory learners. Additionally, the study explored the associations between learning styles and preferred techniques, providing deeper insights into the effectiveness of tailored pedagogical approaches. Moreover, a positive correlation was observed between performance in gamification activities and course final grades. Auditory and kinesthetic learners exhibited the highest average final grades, while visual and verbal learners showed slightly lower performance. These findings highlight the significance of diverse, interactive pedagogical approaches to support varied learning styles and maximize student success.

Keywords: Student Engagement, Student Success, Programming Education, Gamification, Game-based Learning, Storytelling, Interactive Textbooks, Learning Styles

1. Introduction

In recent years, programming education has experienced a significant transformation, with the integration of innovative teaching techniques to enhance student engagement and learning outcomes. While effective for some learners, traditional lecture-based approaches often fail to address the diverse needs and preferences of students with varying learning styles. Educators have increasingly turned to gamification, game-based learning, interactive tools, and storytelling to bridge this gap and create a more inclusive and stimulating learning environment. These techniques foster active participation and improve knowledge retention by aligning with students' intrinsic motivations.

1.1 Background

Gamification and game-based learning are emerging pedagogical approaches that utilize game mechanics to create engaging and competitive learning experiences. Tools such as Quizizz and Gimkit exemplify this trend, offering platforms where students compete, earn points, and receive immediate feedback. These tools transform routine assessments into interactive experiences that encourage individual and collaborative learning. Similarly, interactive learning environments like ZyBooks provide dynamic, hands-on experiences, allowing students to actively engage with programming concepts through exercises, animations, and real-time feedback. Puzzle-based learning, which includes crossword and Hangman-style games, further reinforces programming concepts by playfully encouraging problem-solving and logical thinking. On the other hand, storytelling has proven to be an effective technique for teaching abstract and technical topics. By contextualizing programming concepts within relatable narratives, storytelling videos make learning more accessible and memorable for students. When used appropriately, these tools and techniques address specific learning needs, providing a multifaceted approach to programming education.



1.2 Motivation

The increasing diversity in classroom learning styles necessitates teaching methods that cater to auditory, visual, kinesthetic, and logical learners. Practical engagement through interactive techniques has proven to significantly enhance learning outcomes. The motivation for this study arises from the need to understand how these varied techniques impact students' engagement, motivation, and performance in programming courses. Specifically, this research examines the effectiveness of gamification, interactive textbooks, puzzle-based learning, and storytelling in creating a balanced and supportive learning environment.

Furthermore, understanding the correlation between students' engagement in gamified activities and their academic performance can provide valuable insights for educators. Identifying which techniques resonate most with different learning styles can help refine instructional strategies, ensuring all students have equitable opportunities to excel regardless of their preferences.

1.3 Contributions

This study contributes to the growing body of literature on the effectiveness of innovative teaching methods in programming education. It provides case study-based evidence on the impact of gamification, game-based learning, interactive textbooks, puzzle games, and storytelling on student engagement and performance. By analyzing survey responses and performance data, this research highlights the possible interplay between learning styles and instructional techniques, offering actionable insights for designing more effective and inclusive programming curricula.

Moreover, this study emphasizes the importance of personalized learning approaches, showcasing how diverse teaching strategies can support students' varied preferences. The findings demonstrate the potential of combining gamification and interactive tools to enhance academic performance and foster a deeper appreciation for programming among students. These contributions aim to inform future research and instructional practices in programming education, paving the way for more engaging and effective teaching methodologies.

2. Related Work

The engagement of students in the classroom and their motivation to learn are critical factors that significantly influence educational outcomes. Various instructional strategies have been developed to enhance student engagement and motivation, including gamification, game-based learning, interactive tools, and storytelling. These methods cater to diverse learning styles and foster an inclusive environment that recognizes the varied preferences of auditory, visual, kinesthetic, and logical learners. Gamification and game-based learning have emerged as effective strategies for enhancing student engagement. Gamification involves integrating game-like elements into non-game contexts, such as classrooms, to motivate students and encourage participation. Research indicates that gamification can increase motivation and engagement by giving students immediate feedback, rewards, and a sense of achievement [2][5]. Game-based learning utilizes actual games as educational tools, allowing students to learn through play. This approach has improved problemsolving skills and critical thinking, as students are often required to navigate challenges and make decisions within the game context [6][20]. Both strategies leverage the natural inclination of students to engage with games, thus creating a more dynamic and interactive learning environment.

Interactive tools, such as digital platforms and applications, further enhance student engagement by facilitating peer collaboration and communication. These tools allow for real-time feedback and interactive learning experiences suitable to different learning styles. For instance, visual learners benefit from multimedia presentations, while auditory learners may prefer podcasts or discussions [7][15]. Integrating technology in the classroom also supports kinesthetic learners through interactive simulations and hands-on activities, essential for experiential learning [1]. By employing various interactive tools, educators can create a more inclusive classroom that addresses the diverse needs of all students.

Storytelling is another powerful method for engaging students and motivating them to learn. It has been recognized as a fundamental aspect of human communication and can be effectively used in educational settings to make learning more relatable and memorable. Storytelling can help students connect emotionally with the material, enhancing their understanding and retention of information [3][21]. Moreover, it allows for the incorporation of diverse perspectives and experiences, which is particularly important in multicultural classrooms. Storytelling allows educators to create a narrative that resonates with students' backgrounds and interests, fostering a deeper connection to the subject



International Conference NEW PERSPECTIVES In SCIENCE EDUCATION

matter. The diversity of learning styles in the classroom necessitates using varied teaching methods to cater to auditory, visual, kinesthetic, and logical learners.

Research has shown that mismatched learning styles and teaching methodologies can adversely affect student learning outcomes [18][19]. Therefore, educators must adopt a multimodal approach that incorporates different sensory modalities. For example, visual learners may benefit from diagrams and videos, while auditory learners prefer lectures and discussions [9][16]. Kinesthetic learners who thrive on hands-on experiences require physical activities to engage with the content [13][24]. Logical learners often excel in environments emphasizing problem-solving and analytical thinking [12]. To address these diverse learning styles effectively, educators should implement a blend of instructional strategies that stimulate all four sensory modalities. This can include visual aids, auditory materials, kinesthetic activities, and logical reasoning tasks within a single lesson [4]. Such an integrated approach enhances student engagement and promotes a deeper understanding of the material, as students are encouraged to interact with the content in multiple ways.

Furthermore, implementing learner-centered teaching techniques has significantly enhanced student engagement. In learner-centered classrooms, the focus shifts from the teacher as the primary source of knowledge to students as active participants in their learning process [8][11]. This paradigm shift encourages collaboration, critical thinking, and self-directed learning, essential skills in today's educational landscape. Studies have indicated that when students are given the opportunity to take ownership of their learning, their motivation and engagement levels increase [10][17].

In conclusion, gamification, game-based learning, interactive tools, and storytelling can significantly enhance students' engagement in the classroom and motivation to learn. These methods can handle diverse learning styles and foster an inclusive environment that recognizes the varied preferences of auditory, visual, kinesthetic, and logical learners. By adopting a multimodal approach and implementing learner-centered teaching techniques, educators can create a dynamic and engaging learning experience that meets the needs of all students.

3. Methodology

This section outlines the research methodology used to investigate the effectiveness of various instructional techniques and their alignment with students' learning styles in a programming course. The methodology includes details on the study design, participants, data collection procedures, and analysis methods.

3.1 Study Design

The case study adopts a mixed-methods approach, combining quantitative data from student performance metrics and survey responses with qualitative insights from open-ended feedback. This approach comprehensively evaluates the relationship between instructional strategies, student engagement, and academic performance. The study's primary objective is to assess the perceived effectiveness of gamification, game-based learning, puzzle games, interactive textbooks, and storytelling techniques and their impact on students' final grades and engagement levels.

3.2 Participants

The participants were forty-one undergraduate students enrolled in an introductory programming course using Python. The class included computer science majors with diverse backgrounds, learning preferences, and prior programming experience. Participation in the survey and related activities was voluntary, and ethical approval was obtained for data collection and analysis. To ensure anonymity, all responses were recorded without personally identifiable information.

3.3 Data Collection

Two primary sources of data were utilized:

 Survey Responses: At the end of the semester, a detailed survey was conducted to collect students' feedback on the effectiveness of various instructional techniques. The survey included Likert-scale questions to rate each technique's effectiveness (1 = Not Effective, 5 = Very Effective) and questions about students' learning styles and preferences. Additional sections captured students' motivation and confidence in applying programming concepts after participating in specific activities.



2. *Performance Metrics*: Students' final grades and Quizizz performance metrics were collected. Quizizz performance was measured by the number of times a student placed in the top three positions during gamified assessments throughout the semester. These metrics were used to evaluate the correlation between engagement in gamified activities and overall academic performance.

International Conference

3.4 Instructional Techniques

The instructional techniques employed in the course included:

- Gamification (Quizizz): Interactive quizzes that incorporate competitive elements such as leaderboards and rewards to enhance student engagement and foster learning.
- *Game-Based Learning (Gimkit)*: This platform allows students to participate in collaborative games designed to reinforce programming concepts through gameplay.
- *Puzzle-Based Learning*: Crosswords and Hangman are tailored to test and reinforce students' understanding of key programming terms and concepts.
- Interactive Textbook (ZyBooks): This digital learning platform features embedded coding exercises, real-time feedback, and visualizations to support self-paced learning.
- Storytelling Videos: Narrative-based videos contextualizing programming concepts within realworld scenarios to enhance comprehension and retention.
- *CodeCombat*: Interactive video game-like platform where students learn programming by writing Python code to control characters, solve problems, and complete quests.

3.5 Data Analysis

Quantitative data from the survey and performance metrics were analyzed using descriptive and inferential statistical methods:

- Descriptive Statistics: Mean ratings for each technique were calculated to assess their overall effectiveness and alignment with students' learning styles.
- Correlation Analysis: To determine the impact of gamified assessments on academic performance, the relationship between Quizizz performance and final grades was evaluated using Pearson's correlation coefficient.
- Co-Occurrence Analysis: A co-occurrence matrix was generated to identify patterns between students' preferred learning styles and the instructional techniques they found most compelling.

Qualitative data from open-ended survey responses were coded thematically to identify recurring patterns and insights regarding students' preferences and perceived challenges.

4. Results and Findings

This section presents the results from the analysis of survey responses, student performance data, and co-occurrence patterns between instructional techniques and learning styles. The findings highlight the effectiveness of various methods in improving student engagement and learning outcomes and their alignment with different learning preferences.

4.1 Effectiveness of Instructional Techniques

Survey responses, shown in Figure 1, revealed that students perceived Gamification (Quizizz) and Game-Based Learning (Gimkit) as the most effective techniques for enhancing engagement. Both methods received the highest mean ratings, with averages of 4.8 and 4.7, respectively, on a 5-point Likert scale. Interactive Textbooks (ZyBooks) also scored highly, with a mean rating of 4.6, demonstrating its utility in supporting self-paced, interactive learning. In contrast, techniques such as Puzzle Games (crosswords and Hangman) and Storytelling Videos received moderate ratings, with mean values of 4.2 and 4.0, respectively, indicating that these methods were effective for certain students but less universally impactful.



International Conference NEW PERSPECTIVES In SCIENCE EDUCATION



Fig. 1. Mean Ratings of Techniques' Effectiveness.

4.2 Student Motivation and Confidence

When asked which techniques most motivated them to learn Python, most students highlighted Quizizz, Gimkit, and ZyBooks as the top choices, see Figure 2. Quizizz and Gimkit stood out due to their gamified elements, such as leaderboards and immediate feedback, which fostered a sense of competition and achievement. Additionally, 85% of students reported feeling more confident in applying Python concepts after participating in these activities, with confidence levels correlating strongly with their Quizizz performance metrics.



4.3 Learning Styles and Technique Preferences

The co-occurrence matrix of learning styles and instructional techniques, shown in Figure 3, provided valuable insights into the alignment between students' preferences and the tools used in the course. Kinesthetic learners displayed the strongest association with Game-Based Learning (Gimkit) and Gamification (Quizizz), reflecting their preference for hands-on and interactive activities. Visual learners showed equal interest in Game-Based Learning (Gimkit), Gamification (Quizizz), and ZyBooks, while Logical learners favored Interactive Textbooks, which aligned with their structured approach to learning.



International Conference NEW PERSPECTIVES in SCIENCE EDUCATION



Fig. 3. Co-Occurrence Matrix of Learning Styles and Preferred Techniques.

4.4 Correlation between Engagement and Performance

A moderate positive correlation (r = 0.61, p < 0.01) was observed between students' Quizizz performance and their final grades. Students who frequently ranked among the top three in Quizizz activities consistently achieved higher grades, with an average final grade of 94.2 compared to 81.5 for students with lower Quizizz engagement. This finding demonstrates the potential of gamified assessments to enhance academic performance by increasing student engagement and reinforcing course concepts.



Fig. 4. Correlation between Quizziz Performance and Final Grades

4.5 Variation of Final Grades with Learning Style

The analysis revealed some variation in final grades based on student's learning styles. Auditory learners achieved the highest average final grades, as shown in Figure 5, suggesting they benefited most from the teaching methods. Logical and kinesthetic learners also performed well, with high average grades reflecting the effectiveness of structured activities like interactive textbooks and hands-on, gamified learning tools like Quizizz and Gimkit.

International Conference NEW PERSPECTIVES In SCIENCE EDUCATIO





Fig. 5. Average Final Grades by Learning Style

4.6 Challenges and Areas for Improvement

While the overall results were positive, a few challenges were identified. Some students expressed difficulty engaging with Storytelling Videos, citing a preference for more interactive activities. Additionally, verbal learners reported lower alignment between their preferred learning style and techniques. This indicates a need for more tailored instructional methods, such as discussion-based activities or narrated tutorials.

The findings of this study demonstrate the effectiveness of Quizziz and Gimkit in fostering student engagement and improving academic performance in programming education. The positive correlation between Quizizz performance and final grades highlights the importance of active learning techniques in achieving better outcomes. However, the results also emphasize the need for a diversified approach that accommodates a broader range of learning styles to ensure inclusivity and equity in the classroom.

5. Conclusion and Future Work

This study highlights the effectiveness of different learning techniques in enhancing student engagement and academic performance in programming education, focusing on the Python language. Techniques like Quizizz and Gimkit proved incredibly impactful, with a positive correlation between performance in gamified learning and final course grades. While auditory and kinesthetic learners showed the most significant benefits, further attention is needed to support visual and verbal learners better. These findings emphasize the importance of diverse, student-centered teaching strategies to address varied learning preferences. Our future research will explore additional learning techniques and assess the long-term impacts of gamification and game-based learning on learning retention. We plan to expand this study to advanced programming courses and other topics in computer science, including data structures and database systems.

Acknowledgment

This work was supported in part by the Commonwealth Cyber Initiative, an investment in the advancement of cyber R&D, innovation, and workforce development. For more information about CCI, visit cyberinitiative.org.

REFERENCES

- [1]. Hassanzadeh, S., Moonaghi, H., Derakhshan, A., Hosseini, S., & Taghipour, A. (2019). Preferred Learning Styles among Ophthalmology Residents: An Iranian Sample. Journal of Ophthalmic and Vision Research, 14(4). <u>https://doi.org/10.18502/jovr.v14i4.5457</u>
- [2]. Kaymakamoglu, S. (2017). Teachers' Beliefs, Perceived Practice and Actual Classroom Practice in Relation to Traditional (Teacher-Centered) and Constructivist (Learner-Centered) Teaching (Note 1). Journal of Education and Learning, 7(1), 29. https://doi.org/10.5539/jel.v7n1p29
- [3]. Ke, F., & Xu, X. (2020). Virtual reality simulation-based learning of teaching with alternative perspectives taking. British Journal of Educational Technology, 51(6), 2544–2557. <u>https://doi.org/10.1111/bjet.12936</u>
- [4]. Keiler, L. (2018). Teachers' roles and identities in student-centered classrooms. International Journal of STEM Education, 5(1). <u>https://doi.org/10.1186/s40594-018-0131-6</u>



International Conference NEW PERSPECTIVES In SCIENCE EDUCATION

- [5]. Kharb, P., Samanta, P., Jindal, M., & Singh, V. (2013). The Learning Styles and the Preferred Teaching—Learning Strategies of First Year Medical Students. Journal of Clinical and Diagnostic Research. <u>https://doi.org/10.7860/jcdr/2013/5809.3090</u>
- [6]. Krishnamurthy, S., Deepika, V., & Ganapathy, K. (2017). A study on the learning styles and learning approaches among medical students. National Journal of Physiology, Pharmacy and Pharmacology, 7(9), 1. <u>https://doi.org/10.5455/njppp.2017.7.0413011052017</u>
- [7]. Kurdekar, S., & Sushma, S. (2020). Visual or Auditory: The Effective Learning Modality in Multimodal Learners. International Journal of Physiology, 8(2), 167-170. <u>https://doi.org/10.37506/ijop.v8i2.1269</u>
- [8]. Liew, S., Sidhu, J., & Barua, A. (2015). The relationship between learning preferences (styles and approaches) and learning outcomes among pre-clinical undergraduate medical students. BMC Medical Education, 15(1). <u>https://doi.org/10.1186/s12909-015-0327-0</u>
- [9]. Lydia, C., & Annie, P. (2022). Theoretical and Conceptual Framework for Assessing of the Challenges in Implementing Inclusive Education for learners with hearing impairment in two Selected Secondary Schools of Kabwe District in Zambia. International Journal of Research in Informative Science Application & Techniques (IJRISAT, 2(3), 1–10. https://doi.org/10.46828/ijrisat.v2i3.28
- [10]. Mamo, B., & Yigzaw, A. (2015). Fidelity of Peer Mediation and its Role in Improving Students' Oral English Communication Skills. Science Technology and Arts Research Journal, 4(1), 203. <u>https://doi.org/10.4314/star.v4i1.33</u>
- [11]. Matewere, I., Msosa, A., & Mfuni, J. (2022). Exploring perceived barriers to effective utilization of learner-centred teaching methods by tutors at Holy Family College of Nursing and Midwifery, Phalombe, Malawi. Malawi Medical Journal, 34(3), 192-200. <u>https://doi.org/10.4314/mmj.v34i3.8</u>
- [12]. Metto, E. (2014). Learner-Centered Teaching: Can It Work in Kenyan Public Primary Schools? American Journal of Educational Research, 2(11A), 23–29. https://doi.org/10.12691/education-2-11a-4
- [13]. Mutiah, S., Nakhriyah, M., Husna, N., Hidayat, D., & Hamid, F. (2020). The Readiness of Teaching English to Young Learners in Indonesia. Jurnal Basicedu, 4(4), 1370-1387. <u>https://doi.org/10.31004/basicedu.v4i4.541</u>
- [14]. Bhadrapriya T. N., Lydia Biju, Raphael Jude, & Neha Jimmy. (2024). Exploring preferred styles of learning and teaching among college students in view of new education policy 2020. International Education and Research Journal, 10(1). https://doi.org/10.21276/ierj24815177042262
- [15]. Nguyen, T., Nam, H. H., Hoang, T. N., & Dang, H. T. T. (2023). A Review of Studies on Math Teaching Methods. Journal of Education and Teaching Technology (JETT), 14(2), 448-463. <u>https://doi.org/10.47750/jett.2023.14.02.042</u>
- [16]. Shah, C., Patel, S., Diwan, J., & Mehta, H. (2012). Learning Habits Evaluation of First M.B.B.S Students of Bhavnagar Medical College. International Journal of Medical Science and Public Health, 1(2), 81. <u>https://doi.org/10.5455/ijmsph.2012.1.81-86</u>
- [17]. Subagja, S., & Rubini, B. (2023). Analysis of student learning styles using Fleming's VARK model in science subjects. Jurnal Pembelajaran Dan Biologi Nukleus, 9(1), 31-39. <u>https://doi.org/10.36987/jpbn.v9i1.3752</u>
- [18]. Suchada, T., & Asama, T. (2018). The Effects of Role-Playing Simulation Activities on the Improvement of EFL Students' Business English Oral Communication. The Journal of Asia TEFL, 15(3), 735-749. <u>https://doi.org/10.18823/asiatefl.2018.15.3.11.735</u>
- [19]. Sultana, F. (2014). Efficacy of Outside–Classroom English Language Learning: A Study of Intermediate Bengali Medium Students Studying English at Tertiary Level in Bangladesh. International Journal of English Language Education, 2(2), 28. <u>https://doi.org/10.5296/ijele.v2i2.5699</u>
- [20]. Tuấn, V., & Tran, D. (2020). Demystifying Perceptual Learning Style Preferences of Vietnamese University Freshmen in English Academic Achievement. International Journal of Learning, Teaching and Educational Research, 19(9), 15-38. <u>https://doi.org/10.26803/ijlter.19.9.2</u>
- [21]. Vijayan, V., Panchu, P., & Bahuleyan, B. (2017). Handedness and learning styles: A study of its inter-relationship. International Journal of Research in Medical Sciences, 5(12), 5340. <u>https://doi.org/10.18203/2320-6012.ijrms20175451</u>