



## **PALADIN: Promoting Active Learning and Ageing of Disadvantage Seniors**

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### **Abstract**

The Project PALADIN (Promoting Active Learning and Ageing of Disadvantage Seniors) it's embraced by an experiment group of institutions in key-dimensions to this subject: academic/research profile, policy-oriented and community committed. Targeting 5 precise goals, the project intends to contribute to the empowerment of the disadvantage seniors (over 50 years old low qualified) trough the development their readiness for self-directed learning, especially in 5 fields of their lives: health, activity (employment, voluntary or other), education (either formal, no-formal and informal), citizenship and finances.

The main goals of the project are: a) Develop and test, a package of methodology and instruments to facilitate self-learning processes, of seniors at disadvantage(over 50 years old with qualifications) and; b) Setting up a network of innovative activities, focused on self-training and learning approaches, at Community level.

The project involves a wide (8 institutions) and diverse partnership from academic, political and social fields, from Portugal, Spain, Malta, Bulgaria, Hungary, Greece and Swizland. PALADIN it's coordinated by Association VIDA - Intergenerational Valorisation and Active Development (Portugal) and supported by the European Commission, as a Grundtvig Multilateral project