

## ÖYKÜ ÖZÜ

**Institution:** CBU Faculty of Education

**Address:** Demirci

**Postal Code:** 45900

**Country:** Turkey

**Tel:** +095416241076

**Fax:** +092364621600

**Email:** [oykuozu@gmail.com](mailto:oykuozu@gmail.com)

**Web:** [www.bayar.edu.tr](http://www.bayar.edu.tr)



Öykü Özü is Asistant Prof. in Celal Bayar University Faculty of Education, in the Department. of Educational Sciences. She is the Head of Psychological Counseling & Guidance Division.

She had graduated from Istanbul Bilgi University, Psychology Department in 2001. She had her master's and doctoral degree at Ege University in Psychological Counseling and Guidance (2004, 2010).

In her research she focuses on stress and anxiety; psychodrama, emerging approaches in psychological counselling which focus on emotions and postmodern approaches in psychotherapy.