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Armada Pinto da Mota Matos is Auxiliary Professor at the Faculty of Psychology and Educational Sciences of Coimbra University, Portugal.

She graduated in Psychology from the University of Coimbra in 1991, and completed the master degree in Educational Sciences (specialization in Psychology of Education) in 1997. She earned her PhD in Educational Sciences (specialization in Psychology of Education) in 2005 from Coimbra University. Her doctoral dissertation focused on the subject of television and violence.

Armada Pinto da Mota Matos has teaching responsibilities in the field of media education and school administration. She is broadly interested in the issues of media educational and social impact, and the relationship between media/education/citizenship. More specifically, her research has focused on the effects of media violence, cyberbullying and media education.

Armada Pinto da Mota Matos is currently involved in a project on the topic of cyberbullying, funded by Portuguese government and is involved in projects funded by the European Commission, on the subject of cyberbullying.

Armada Pinto da Mota Matos has written a book on television and violence and several chapters and articles on the issues of media influence, parental mediation of Television and cyberbullying