

Carmen Fita

Institution: Instituto de Enseñanza Secundaria Francesc Tàrraga

Address: C/ Ausiàs March 13

Postal Code: ES- 12540 Vila-real

Country: Spain

Tel: +34-660-71.95.23

Fax: +34-963-87.94.22

Email: carfidu@yahoo.es

Web: <http://intercentres.edu.gva.es/intercentres/12002889/>



Carmen Fita is permanent teacher, since 2006, at the Department of Personal Image of the Franscesc Tàrraga Secondary School of Vila-real, Spain.

She obtained the degree of “Master in Education for Health at School” from the Universidad Católica San Vicente Mártir (Valencia) in 2011. Before, she obtained the titles of “Teacher of Pre-elementary Education” at the same University, and of “Senior Technician in Beauty” at the Salvador Gadea Secondary School (Aldaia).

Carmen Fita has an interest in Education for Health at primary and secondary schools as a way to improve habits that result in a better present and future health of the children and adolescents. She is particularly interested in dermatological aspects of health education, in particular prevention of skin cancer and skin aging.

The title of her MSc Thesis was “Solar prevention in adolescents: changes in knowledge and habits after an educational intervention”, which got the qualification of summa cum laude. Some publications and contributions to congresses have been derived of her MSc Thesis and subsequent works in photoprotection in students.

Carmen Fita has also attended an important number of courses related to innovative teaching and learning methodologies, in particular those that may have an application to prevention and education for health.

She frequently cooperates with medical doctors and University researchers in programmes aimed at improving the health of children and students through interventions at schools.