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José Manuel Tomás da Silva is Associate Professor at the University of Coimbra.

He has a PhD in Psychology, with specialization in Vocational Psychology, by the University of Coimbra, and he is a professor in the Faculty of Psychology and Educational Sciences, at the same university, since 1987.

He teaches courses, for undergraduate and graduate students, in the area of quantitative data analysis (applied statistics) for the social and behavioural sciences, since 1988. It is also responsible for teaching courses in the Master of Psychology in the areas of career counselling and assessment.

Currently he coordinates a research group at the Institute of Cognitive Psychology, Vocational and Social Development, of the University of Coimbra, on motivation and academic/career development.

He is also committed with the research on student's attitudes toward statistics, and on finding the means (methods and materials) to improve the learning of statistical concepts and practical competencies.

He has published a number of papers in scientific journals, in books and conference proceedings and presented several communications in national and international meetings, especially in the field of vocational psychology.