Prevention (Prophylaxis Measure) Transformation Anatomy Disabilities to Psychological

Gancho Mitev  
Second Chance Association (Bulgaria)  
second_chance_bg@yahoo.com

The way of communication

Assistants to the disabled people in their care.

There isn’t a sick person who doesn’t want to get better. But not everyone succeed – especially those suffering from serious illness. That means that only the desire is not enough. The chronic patients wait for outside help and block themselves as initiative persons. To get better we need something extra. What is it? If you want to be happy – just be. This notorious and slightly ironic formula, stranger as it may seem, is true. Just change the word “be” with the word “become”. The point is to give to your body the right reference points. Wish for youth and health instead of lack of sickness, change “I want to survive” with “I want to live”. Feel this wish with your whole being. Enjoy every day you’ve been given and try to impose your joy to others. According to research of US scientists, 30% of the people with severe cancerous deceases overcome this plague.

The psychological data of the cured persons shows that they are optimistic, and during their illness they haven complaint about their destiny and had no thoughts about death. They haven’t fought for their lives, instead they have lived fully every given moment with joy. They have believed that the clouds on the horizon will scatter someday.