

# Educators Use the Following Thinking (Mindset) Tool Winning Mental Pyramid

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#### Abstract

By using the following mindset (thinking) tool, Winning Mental Pyramid, that shows the relationship between motivation, inspiration, attitude, mindset, mood, and subconscious educators can better understand themselves, their peers, and most importantly better educate students to raise the standard of education and living.

#### Here's how it works:

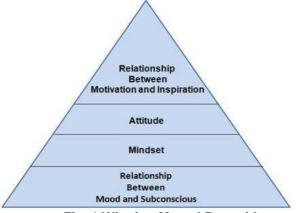


Fig. 1 Winning Mental Pyramid

### **Relationship Between Motivation and Inspiration**

Motivation has a relationship with inspiration and your motivation controls your attitude.

This is the top line in your schools or what is your motivation?

#### Attitude

Your attitude controls your mindset. It's important to have a positive attitude.

### Mindset

Your mindset controls your mood. Mindset is what you think or the way you think.

## **Relationship Between Mood and Subconscious**

Your mood has a relationship with subconscious. This is the way you feel, bottom line (educate, raise the standard of school and living, make money), or action.

It's what causes us to do what we do.

How it works is easy. Applying it takes focused effort, right practice, and patience.

Examples of the Practical Application of the Winning Mental Pyramid for Educators for a Recent Education and Business Summit.

**Ex. 1:** A student doesn't do their homework. Since an action isn't being completed (relationship between mood and subconscious) work on the student's mindset (what they think and how they think). You know what to do. You need to add to your skill level to do it better.



**Ex. 2:** A student tells you my friends stopped talking to me. I have no friends. Since that's what is told (mindset) work on the student's attitude. Logical emotion says you can add friends and it doesn't mean the friends who stopped talking with you aren't your friends.

**Ex. 3:** A teacher is determining who would play an instrument well and who would sing well. The student wants to do well to please the teacher. After the singing of one word in the song, the teacher hurriedly dismisses the student to play an instrument with a quick "Eughh!" and uses her hands to usher the student towards instruments. Since she didn't even listen to the student and build his self-confidence, the teacher needs to work on her attitude and mindset.

**Ex. 4:** A student thinks two classmates always get the right answer first. They just were born with it and I wasn't. The student needs to work on their attitude to know they too can get the right answer first by applying the four adaptability links from the workshop as needed.

As you become more skilled at using it, your team and leadership teamwork will be less doubtful and the mood will flourish. When the Winning Mental Pyramid is aligned, there is a tremendous amount of synergy for peak performance. In most cases, it's not aligned. Recognize where the misalignment is and focus on this area. Keep in mind the relationship between the four areas.

Deserve to win, grow, and evolve.