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Lynette's research is in the area of educational resilience, school transition and the promotion of positive youth development within the school context. She has broad experience in developing and providing professional learning in resilience, social education, conflict resolution, behaviour management, strategies for learning and policy development and has published curriculum resources in these areas.

Her Doctoral study, from which she presents today, is in the area of resilience and focuses on the perspectives of young adolescents as they navigate the social, emotional and academic demands during the transition from primary to secondary school.